



Lifestyle Nutrition's Turnkey Nutrition Program

In English And Spanish

A Nutrition Program that is based on the patients eating their own Food and Long Term Lifestyle Changes. No food weighing or counting calories. No selling of any Diet Products or Anything. Imagine That! Your Patients feel the difference and respect you because they want long-term lifestyle changes, not the crash diet or generic diet sheets!!!

Designed by a Registered Dietitian with Physicians who trained over 700 physician offices nationwide, in the past 19 years.

Body Composition Analysis - Hardware & Software

- Features the *LNI Metabolic / Nutritional* Analysis System
- Body Composition Analysis Software
- Provides lean mass / fat mass / BMR
- Accurate / Valid body composition assessment (* 2.8%)
- Tracks client progress / Compliance
- Individualized Clinical Nutrition Meal Plans – Diabetes, CAD, Sports Nutrition, & Cancer
- Daily meal plans / Weight loss / Weight maintenance / Weight gain
- Can alter Percentages of Carbohydrate, Protein, & Fat ratio for Specific Needs of Client.
- Can Change the Meal Size & Number Meals to Specific Client's Needs
- Individualized to actual metabolic needs based on LEAN BODY MASS.
- Can add specific nutritional supplements to meal plans (optional)

Aerobic & Anaerobic Exercise

- Customized exercise program / duration / target heart rate zone
- Calculates caloric burn based on lean body mass
- Use any Rehab protocol & Use any Rehab equipment
- Calculates caloric burn based on lean body mass, exercises, activities of living.

Billing Codes & Marketing Materials & Training Provided

- Brochures, Posters, News Ads, Sample TV Commercial
- Patient Handouts & Materials, Manuals, Billing Procedures

Reimbursement & Marketing Benefits are Substant

Licensed Clinical Nutritionists
Helping Doctors Win At
CredibleNutrition Counseling



Credible Nutrition Generates
Substantial Referrals & Income.

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